KEALANI CERYS

September 18, 2026

To Whom It May Concern:

My name is Kealani Cerys and I am a student of Liana Shanti, as well as a holistic health coach who has been through many of her programs.

I found Liana on Instagram around February of 2020. I followed her for several months just observing her posts and discerning her teachings, as well as the interactions in the comments from community members including those that are currently attacking her. I later purchased my first program through her, Mother Wound, that summer. I then joined in on her live Lifepath program beginning in August of 2020, again, which was in a group including some of the same women attacking her now.

In the years prior to finding Liana, my health and my life had hit rock bottom. My marriage was very unhealthy, I was having major health issues including mental health issues, and I was desperately seeking spiritual guidance to make sense of what all I had been through and was going through. After years of praying to Jesus for help and guidance, and reading hundreds of books for answers, Liana became an answered prayer. Her work began to connect the dots of things I had experienced and believed, and has radically changed my life.

In the years that I have been in Liana's groups, I have gone through divorce from an abusive husband, I moved away, and I started my life completely over. It has taken me a few years to fully get back on my feet, but my life looks much different now with much more loving relationships in my daily life, a career I enjoy, and my confidence has been coming back. I owe so many of those changes to Liana's teachings and the healing I have done through her work.

Within these years of being in her community, I have conversed individually multiple times with some of the ladies now attacking her. I hired Kaia Alline for divorce counseling and had several sessions with her, and was in some of her health groups. I even helped her with her business, including some of the editing on her websites and creation of email marketing, often uncompensated (with the exception of a couple of trades of services), while I continued to pay her in cash for the work I was hiring her for. I also spent a short period of time working for Amanda Brady to help her with some virtual kitchen design packages and marketing, as my background is also in interior design. Liana's community supported these women, wanted the best for them and their business successes, and were loving towards them. So, it has been a bit of a shock to see the lies and the behavior by them over this past year.

Liana's community is filled with many very loving, encouraging, and Jesus-led women and men. I'm certain it is one of the most positive and uplifting groups you can find anywhere on the internet, and anywhere on this Earth. So, the betrayals by a large group of women that were formerly in our community hit deep. While I have observed similar behaviors and betrayals in my own personal life outside of Liana's community the last few years, you always hope that people will act in integrity and with maturity, but unfortunately that is not always the case, as we are seeing now.

During the time that Kaia and Amanda were in Liana's community, and during the time that I was communicating with them, they were always singing Liana's praises on how important she was to them and what a difference she had made their life, making the attacks happening right now even more vicious. Liana has always taught that we are sovereign beings and anyone can come go from the community at their own

will. I understand why some may not agree with certain things that she says, or decide to leave because they don't feel it's for them. While I might recommend it at times, I definitely don't pressure any of my own clients on doing Liana's work – you need to discern for yourself and see if it brings you the "lifeproof" you're seeking, as Liana frequently says. But there is nothing cult-like about it like these women are painting the picture of. If anything, her teachings have taught many of us, me included, about how many of the religions we grew up in are cults. Religions that we have since stepped away from to gain a deeper relationship with Jesus.

I was in Hawaii for a portion of Liana's August 2026 court case and observed some of the stalking and suspicious behaviors of Paul Thompson and Andrew Cozier. I was in the community during the time that Haley was going through her issues with Isla and Byron and while I never interacted with her personally, I observed many of her comments. I've seen how much love and energy Liana pours out to her community, going above and beyond what is necessary at times, just to give someone support or protect vulnerable women and children. Not everyone is going to agree with what she teaches, and that's okay. But all these attacks by the women formerly in our community are flat out malicious and incredibly harmful and damaging, not only to Liana and her family, but many others as well.

In closing and in summary, I just want to say that I am one of the witnesses that has been observing how these women are currently saying completely opposite things compared to what they said over the last several years within the community, and there are many lies being told by them. I have observed them spew lies over the internet about Liana, from multiple anonymous accounts and across multiple pages. I pray that the justice system will discern and see that in the future, including the poor and unethical behaviors of the defendants' parties and attorneys that I personally witnessed in August of 2026, as the ruling that we observed in Hawaii was far from fair and just.

I will always be grateful for the impact that Liana has had on my own life and have deep admiration and gratitude for the courage and love she continually embodies every single day.

Sincerely,



Kealani Cerys, formerly Amy Caroline Leemis
Missouri, USA